

WELLNESS RECOVERY ACTION PLAN (WRAP) – CAMBODIAN

DATE & TIME:	September 30, 2015	9:00AM - 12:00PM
-------------------------	---------------------------	-------------------------

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE:	Asian/Pacific Islander Mental Health Center 4510 E. Pacific Coast Highway, Ste. 600 Long Beach, CA 90804
PARKING:	Street parking only

This training will be taught in Khmer. The Wellness Recovery Action Plan (WRAP) is a tool utilized to monitor, reduce and eliminate uncomfortable or dangerous physical and emotional difficulties. The modules are designed to promote positive change including increasing enjoyment of life. Relapse prevention tools are reviewed as ownership of emotional and personal recovery is assumed and include: a wellness toolbox, a daily maintenance list, relapse and trigger planning, and response to early warning signs. Other WRAP tools covered are: crisis planning, identifying supporters, supporter tasks, and health care providers, and recognizing recovery. Upon completion of this training, attendees will be able to support the elements of WRAP development and implement in the work with consumers.

TARGET AUDIENCE: Khmer speaking DMH Employees and Contractors

OBJECTIVES:	As a result of attending this training, participants should be able to: <ol style="list-style-type: none">1. Complete a Wellness Toolbox2. Identify the components of WRAP3. Discuss ways to assist consumers identify and alleviate triggers4. Explain the components of Crisis Planning5. Discuss what is involved in post crisis planning
CONDUCTED BY:	Sovicheth El, Asian/Pacific Islander Mental Health Center and Janice Friend, WET Division
COORDINATED BY:	Janice Friend, Training Coordinator E-mail: jfriend@dmh.lacounty.gov
DEADLINE:	When maximum capacity is reached
CONTINUING EDUCATION:	NONE
COST	NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers complete
attached training application

☒ ☐ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision General



County of Los Angeles Department of Mental Health
NON-DMH STAFF TRAINING APPLICATION FORM



Please Print or Type

Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

This form is not to be used for LPS Designation Training. The LPS Application is available at lacdmh.lacounty.gov/training&workforce.html.

Training Title

(as in DMH bulletin): **Wellness Recovery Action Plan (WRAP) – Cambodian**

Date(s): **September 30, 2015**

Training Coordinator: **Janice Friend, LCSW**

County Employee Number

(non-county employees supply the last four digits of the SSN)

Name

Program, Service or
Agency

Job Title

Address

City

Zip Code

Telephone

Email

License or Credential Number(s) (complete as many as applicable)

CAADAC

LCSW

LPT

LVN

MD

MFT

Psychologist

RN

Supervisor's Approval (Applications will not be processed if not signed by supervisor)

For processing, please return Application to:
County of Los Angeles – Dept. of Mental Health
Program Support Bureau – WET
695 S. Vermont Ave., 15th Floor
Los Angeles, CA 90005

Print Supervisor Name

Fax: (213) 252-8776

Phone: (213) 251-6874

Email: jfriend@dmh.lacounty.gov

(When faxing, there is no need to use a cover sheet)

Supervisor's Signature